

backupyourbirthcontrol.org



1-888-NOT-2-LATE

THANK YOU

By stocking *and* dispensing Plan B® emergency contraception (EC), your Wal-Mart store will give women in our community a safe, effective second chance to prevent pregnancy.

Pharmacists are a critical link between EC and the women who need it.

Now that an over-the-counter form of EC is available to adults, many more Americans are turning to their pharmacy for information and services about this back-up birth control method. Women expect their local Wal-Mart pharmacy not only to stock EC, but to dispense EC, and in the case of teens, expect their Plan B prescriptions will be filled.

What is Emergency Contraception?

- A safe and effective way to *prevent* pregnancy after unprotected sex.
- EC is available *without a prescription* to women 18 and older at the pharmacy. Women younger than 18 need a prescription from their doctor or other health care provider.
- Can be taken up to 5 days after sex, *however the sooner EC is used, the more effective it is.*
 - Contains the same active ingredients as hormonal contraceptives.
 - EC is *NOT* the abortion pill or RU-486. EC cannot interrupt an established pregnancy.
- EC works by delaying or inhibiting ovulation, inhibiting fertilization, or preventing implantation of a fertilized egg in the uterus.
- Products: (1) Plan B® (progestin-only) or (2) High doses of regular oral contraceptives.

Emergency Contraception Resources for Pharmacists

Emergency Contraception: The Pharmacist's Role Continuing Education for pharmacists
http://www.pharmacist.com/pdf/emer_contra.pdf

Emergency Contraception Pharmacy Program
Information on direct access to EC through pharmacies
www.ec-help.org

Emergency Contraception Website
Information about EC in the U.S. and worldwide
www.not-2-late.com

On or around the 2007 Back Up Your Birth Control Day of Activism – March 20 - more than 100 national and local medical organizations and women's health advocacy groups are uniting to educate women, pharmacists, and health care providers about emergency contraception.